MAKE 2016
YOUR YEAR
Classes begin January 19th
Enroll today!

INFORMATION SESSION
Thursday, January 7th, 2016 6:00 p.m.
1000 Massachusetts Ave., Cambridge, MA
www.cambridgecollege.edu
#mylifemycollege
Cambridge College

metro

BOSTON NO. 1 FREE DAILY IN THE US
Tuesday, January 5, 2016 metro.us | t: MetroBOS | f: MetroBoston

Burke: Pats' road back to Super Bowl won't be too bumpy. 8

RACHEL PLATTEN'S 'WILDFIRE'

The 'Fight Song' singer discusses her 2016 intentions. 6

MBTA board narrows down fare hike options to two. 4

FAIL-PROOF RESOLUTION HACKS

Five tools to help you follow through. 7

ISTOCK

EDUCATION BUILT AROUND YOU CLASSES • CERTIFICATES • DEGREES
CHOOSE THE EDUCATION THAT DELIVERS QUALITY AND FLEXIBILITY WHEREVER YOU NEED TO BE.
Online, evenings, weekends and off campus for college credit, credentials and career development.
Register now for spring 2016. caps.umb.edu/spring
COLLEGE OF ADVANCING AND PROFESSIONAL STUDIES at UMass Boston
UMASS BOSTON

TRUMP FIRST TV AD

1 Donald Trump on Monday released his first television commercial in the 2016 race for the White House with a 30-second spot highlighting his stance on Muslims, immigration and terrorism. The ad will air starting on Tuesday in Iowa and New Hampshire, two key early voting states in the run-up to the party's nomination convention in July ahead of the November election. REUTERS

OBAMA GUN CONTROL

2 President Barack Obama is igniting a political firestorm this week by bypassing Congress with new measures to tighten gun rules that are likely to redefine what it means to be a gun dealer and possibly spark legal challenges during his final year in office. Stymied by Congress' inaction on gun control, the president asked his advisers in recent months to examine new ways he could use his executive authority to tighten gun rules unilaterally without needing congressional approval after multiple mass shootings generated outrage nationwide. REUTERS

CIVIL SUIT AGAINST VW

3 The Justice Department on Monday filed a civil suit against Volkswagen for allegedly violating the Clean Air Act by installing illegal devices to impair emission control systems in 600,000 vehicles. The allegations in the lawsuit carry penalties that could cost Volkswagen billions of dollars. REUTERS

7 THINGS YOU NEED TO KNOW

CITY COUNCIL OATH

7 Boston Mayor Marty Walsh administered the Oath of Office to the members of the Boston City Council during a ceremony at Faneuil Hall on Monday. The Boston City Council elected Michelle Wu, center, as president of the council.

MAIN PHOTO BY NICOLAUS CZARNECKI, ALL OTHER PHOTOS BY GETTY IMAGES

TROOPER DRAGGED

4 A man is in police custody after he allegedly dragged a state trooper after being pulled over in Medford. "The trooper stopped the car on the southbound side of I-93 between exits 31 and 32. State police said the suspect then drove off, taking the trooper with him. The trooper was allegedly dragged a short distance before he was released from the car" NBC Boston reported. MATT LEE

MASSACRE SITE REOPENS

5 The office building in San Bernardino, California, where 14 people were massacred last month by a married couple inspired by Islamist militants, reopened on Monday. Security would be heightened for the facility, which was closed in the aftermath of the Dec. 2 shooting, said Inland Regional Center Executive Director Lavinia Johnson. The property would remain fenced off, and guards at each entrance would continue to monitor security, Johnson said. REUTERS

GREIG TO PLEAD GUILTY

6 Catherine Greig, the longtime girlfriend of notorious Boston mobster James "Whitey" Bulger, is expected to plead guilty to one charge of criminal contempt for refusing to testify before a grand jury in connection to Bulger's case, according to reports. Greig is currently serving eight years in prison for her connection to Bulger. LENYON WHITAKER

Cosby lawyers ask to delay wife's deposition

Camille and Bill Cosby FILMMAGIC

Cosby asked a Boston judge to delay Camille Cosby's sworn statement until an appeal is decided.

Lawyers for Bill Cosby and his wife, Camille, asked a federal judge in Boston on Monday to delay a deposition by her scheduled for Wednesday in a defamation lawsuit brought by seven women who allege the entertainer sexually abused them.

The lawyers said in papers filed in U.S. district court in Massachusetts that the sworn interview should be delayed pending an appeal on whether Camille Cosby could be required to testify at all.

On Dec. 31, a federal magistrate judge in Massachusetts rejected arguments by Camille Cosby, the comedian's wife of almost 52 years and his business manager, that the deposition would represent an "undue burden."

Cosby lawyers argued the intimate nature of the questions expected during the deposition justified a delay, noting that their ability to object to such evidence at trial would not spare their client embarrassment.

"The Magistrate has suggested that the plaintiffs may ask Mrs. Cosby about the most intimate details of her marital life, including her husband's sexual 'proclivities,'" Camille Cosby's attorneys wrote. "A trial objection will do Mrs. Cosby little good if the private and intimate details of her marital life are discussed during deposition and released to the media thereafter."

The Dec. 31 ruling came a day after Cosby, 78, was charged with sexually assaulting a woman who prosecutors say the comedian plied with drugs and alcohol in 2004, the only criminal case filed against the entertainer.

"A trial objection will do Mrs. Cosby little good if the private and intimate details of her marital life are discussed ..."

Cosby lawyers

More than 50 women have come forward to accuse Cosby, best known for his role in the 1980s television hit "The Cosby Show," of sexually assaulting them after plying them with drugs or alcohol. Cosby has repeatedly denied wrongdoing and many of the allegations involve decades-old incidents.

Cosby is free on $1 million bail, and his lawyer has said the entertainer is not guilty and will not consider a plea bargain.

The Massachusetts civil lawsuit against Cosby was filed in December 2014 by Tamara Green, later joined by six other women, who contend that Cosby sexually assaulted or abused and then defamed them by calling each a liar, court documents said.

Cosby last month counter-sued the women, claiming that they had defamed him by accusing him of sexual assault.

U.S. Magistrate Judge David Hennessy also rejected arguments by Camille Cosby that she lacked any first-hand knowledge of the events at issue, and that the court should protect her from "unnecessary harassment" by limiting the scope of the subpoena. REUTERS

Burning Legs?
Varicose veins are more than a cosmetic problem. They can be associated with Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to 300,000 lives a year in the United States.
Do you suffer from these symptoms?
Varicose Veins
Spider Veins
Itching and Burning
Leg Pain and Cramps
Skin Discoloration
Ulcers and Blood Clots
Difficulty Walking Long Distances
Heaviness and Swelling
You may have a condition called venous insufficiency, which left untreated can lead to serious health complications.
BEFORE
AFTER
BEFORE
AFTER
BEFORE
AFTER
Have you had prior vein treatment and are not satisfied with the results? USA Vein Clinics can help!
When it comes to your health, trust your legs only to the top vascular specialists at USA Vein Clinics.
Covered by Medicare and most insurance plans!
(617) 858-6870
USA Vein Clinics
1208B VFW Parkway, Ste 200
West Roxbury, MA 02132
121 Broad St • Lynn, MA 01902
www.USAVeinClinics.com

MBTA narrows options for 2016 fare increase to two

Board could vote to increase fares systemwide by about 7 or 10 percent.

SPENCER BUELL
@MetroBOS
spencer.buell@metro.us

Commuters pass through turnstiles. NICOLAUS CZARNECKI

The T moved one step closer to adopting a fare hike for its services on Monday, narrowing down its options for setting ticket prices to two.

The two choices now before the board are as follows: raise fares by about 5 percent and increase the cost to monthly pass holders by 10 percent (an overall average increase of 6.71 percent systemwide) or raise fares by 10 percent and increase the cost to monthly pass holders by nearly 13 percent (an overall increase of 9.77 percent).

Board members are expected to pick one in March after hearing from the public at a series of meetings during January and February. Fare increases would take effect on July 1.

The Gov. Charlie Baker-appointed panel Monday voted unanimously to present those two options to the public after seeing four possible fare hike packages. The other two would have kept in place a more significant discount for monthly pass holders.

In a meeting with reporters, Transportation Secretary Stephanie Pollack insisted fare increases were just one part of a more broad effort to slash the T's budget, close a $242 million structural deficit and end the T's cycle of asking the legislature for money every year to close gaps in its operating budget.

"Once we do that we can take tax dollars that were going to operating costs that were undisciplined and invest them in fixing things," Pollack said, adding that a fare increase "is a reasonable contribution to ask our riders to make so we can improve their service."

Of all the ideas to close the budget gap, 60 percent involve cutting costs, according to a T presentation.

The T estimates fare increases could boost revenue by between $10 million and $26 million.

Under the dual proposals the board considered Monday, the fares for the various modes increase at different rates — some much higher than the 7 or 10 percent average increases in each plan, some much lower.

An example: The cash price for CharlieTicket holders is set to increase from $2.65 to $2.75 in both proposals, because officials said there was an effort to keep fares for cash customers at a 25 cent increment.

For 23-year-old Ritu Niroula, of Somerville, who buys $19 7-day LinkPasses, her fare would increase by either 9.2 percent to $20.75 per week or by 11.8 percent to $21.25 per week.

"I don't think it's fair," Niroula told Metro. "In order to raise fares we need to improve service."

Joseph Fahey, 59, of Dorchester said he buys $75 monthly LinkPasses. His fare would jump by either 10 percent to $82.50 or by 12.7 percent to $84.50 under the two proposals.

"I'm not for raising fares," Fahey told Metro, although he said the LinkPass is still "a bargain."

Lisa Mayol, 37, of Lawrence, said she pays $289 a month — minus a partial reimbursement from her job — for her LinkPass, which is set to jump by either 4.7 percent to $302.50 or by 10 percent to $318 this year.

She told Metro she would happily pay the difference "if that's what's needed" to fix the T.

Both fare hike proposals would reduce the discount for monthly pass holders and increase the number of trips a commuter has to make to break even on the cost of a pass. Right now, for example, a LinkPass costs $75 and a rider would break even after 35.7 trips. Under the most expensive increase proposal, the pass would cost $84.50 and a rider would break even after 37.5 trips.

The average rider takes about 40 trips per month, MBTA Chief Administrator Brian Shortsleeve said.

Increasing fare dollars also includes collecting more of the fares the T is owed when riders board trains and buses. The T plans to set a goal for beefing up fare collection in fiscal year 2017, officials said on Monday. But first, the agency plans to collect data on how many riders are using the service without paying — which is data the T does not have now, officials said.

The T does not plan to start offering means-tested fares — tickets discounted for low-income riders — in 2016.

T to overhaul overtime

After reports of employees collecting unusually high amounts of overtime, T officials said Monday they were working on an OT overhaul.

A seven-member team of auditors has been studying how T employees are paid overtime, T officials said, adding that the focus is on 2014 and 2015, but that auditors may dig into more historical data as well.

They expect to finish their review in 4-6 weeks and issue a report on whether overtime is being managed well, whether it's used for the right reasons and whether it is well-documented. The audit comes after news surfaced that about one in four T employees took home more than $100,000 in 2015 in gross pay boosted by overtime, and that one employee earned more than $315,000 last year, in part by clocking 2,600 hours of overtime and adding more than $170,000 to his base pay.

According to union contracts, overtime for T employees kicks in when they work more than eight hours in one day. Last year, the T paid $31.8 million in overtime to employees who had worked fewer than 40 hours in a week, 43 percent of all overtime payments, according to a report.

Officials said the T was working with unions to reassess that overtime structure.

"To be clear, they bargained for that and prior T administrations agreed to it so that's why they get it, but it's a substantial cost," Transportation Secretary Stephanie Pollack said.

WE'VE RECOVERED MILLIONS OF DOLLARS FOR OUR CLIENTS

LET OUR EXPERIENCED, CARING TEAM FIGHT FOR YOU

AUTO ACCIDENTS
SERIOUS INJURIES • WRONGFUL DEATH

Auto Accidents
Asbestos Exposure
Birth Defects & Injuries
Dangerous Drugs
Defective Products
Hip Implant Recalls
Medical Malpractice
Mesothelioma
Motorcycle Accidents
Pedestrian Accidents
Slip & Falls
Social Security Disability
Spinal Cord Injuries
Transvaginal Mesh
Traumatic Brain Injuries
Truck Accidents
Workers' Compensation
Wrongful Death

JSG LAW OFFICES OF JEFFREY S. GLASSMAN LLC
PERSONAL INJURY & DISABILITY LAWYERS

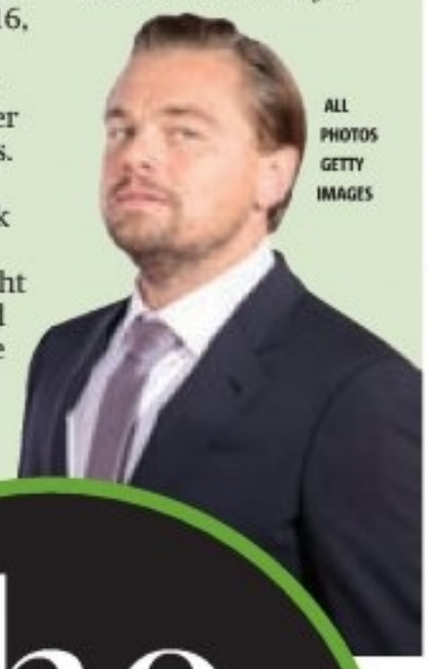
617-367-2900
One International Place, 18th Floor, Boston, MA 02110

Free Phone Consultations
No Recovery/No Fee
On Call 24/7
Home & Hospital Visits
Se Habla Espanol

JEFFREYSGLASSMAN.COM

Leonardo DiCaprio is back on the market

It looks like Leonardo DiCaprio will be walking the Awards Season red carpets solo this year, as he has reportedly called it quits with Sports Illustrated model Kelly Rohrbach after about six months of dating. And while you might be eager to dub this the first big breakup of 2016, not so fast, according to Us Weekly. "They've been broken up for over a month," a source says. "It was mutual. They both have intense work schedules and a lot going on in their lives right now. They both needed to take a break because of that. They are still friends and talking, but it's over." If it's over, I'm not exactly clear on exactly what they have to talk about, but sure, whatever. But wait, you're saying, weren't they supposedly engaged? That's what I thought, too, but I guess not? It looks like Hollywood's reigning perpetual bachelor is back to his old ways.



ALL PHOTOS GETTY IMAGES

Gwen and Blake celebrate first pregnancy rumor

Gwen Stefani and Blake Shelton have hit another big milestone in their tabloid-friendly romance: the unsubstantiated pregnancy rumor. And which publication is the generous provider of this big news? None other than Star magazine. The tabloid reports that Stefani and Shelton spent the Christmas holidays with a bit of extra cheer due to a bun supposedly in the No Doubt singer's oven just a few months into their relationship. But just because they could be ready to start a family, that doesn't mean they'll be tying the knot anytime soon — at least if Shelton has a say in it. "Gwen is hoping for a wedding, but Blake's not ready," a source warns. One milestone at a time, right?

Will Smith reads his 'Independence Day' character's obit

It's probably not a surprise at this point that Will Smith isn't in the "Independence Day" sequel, "Independence Day: Resurgance," since Smith and director Roland Emmerich couldn't make an appearance by his character from the 1996 blockbuster work out. But the way they dispatched the heroic Stephen Hiller is just plain mean. "I was working on 'Suicide Squad' during that time," Smith tells Yahoo Movies. "The trailer looks really cool. I'm going to be sitting around with tears in my eyes when that one comes out. [But] it was terrible when I found out my character died." What he's referring to is a simple, tossed-off obituary for Hiller on one of the new film's promotional sites. That's cold, marketing department. Really cold.

the word

NED EHRBAR
ned.ehrbar@metro.us

@joelmchale
Kettle-bells are the racquetball-courts of this decade.

@mindykaling
Being obsessed with crime shows is the new green drink for girls

@ConanOBrien
My plan to defeat ISIS? Get them to eat at Chipotle.

@AZEALIABANKS
There was a gnat in my room last night who just couldn't wait to for me to fall asleep so he could fly into my mouth. This morning he's gone

Rachel Platten: 'Everything I ever wanted came true. How crazy is that?'

The Newton Centre native discusses her new album, "Wildfire"

RACHEL RACZKA
@rachelraczka
rachel.raczka@metro.us

Rachel Platten's anthemic "Fight Song" was unavoidable this summer, peaking at No. 6 on the Billboard Hot 100, appearing in backstage Instagram jam sessions on Taylor Swift's 1989 tour and becoming the unofficial and official song of resilience seekers and supporters everywhere.

The 34-year-old Newton Centre native is now riding the wave of her second equally empowering single "Stand By You" from her first major studio album release, "Wildfire," which came out Jan. 1.

She'll be signing copies of "Wildfire" on Jan. 5 at the f.y.e. at the Hanover Mall in Hanover. Fans can purchase the album starting at 8 a.m. to receive a wristband for the 5 p.m. signing.

We caught up with her fresh off a family holiday vacation to discuss the album, her New Year's resolutions and what it's like to have all your dreams come true.

Boston area native Rachel Platten will sign copies of her new album at f.y.e. in Hanover. HARPER SMITH

Now that "Wildfire" is ready for its public debut, how are you feeling?

I just had a week off for the first time in I don't know how long, and I turned off my phone and disconnected. In the beginning of the week I felt a little bit of fear because [this album] has just been in my mind for three years. But by the end of the week, after recharging, I can honestly say I'm really excited.

Three years! At what point did you decide it was finished, or rather, ready?

It's the best I could have done between 2012 and 2015. I just watched that David Foster Wallace movie ["The End of the Tour"] when he's talking about "Infinite Jest" in the Rolling Stone interview, and he says that's the best he could have done. My husband and I looked at each other and we were like, "This is the best we could have done."

And you're never totally ready. It's like that [Leonardo da Vinci] quote that's like, "Art is never finished, only abandoned," but at some point you have to say, this is a stamp on time and this represents that time the best I could. At a certain point, enough is enough.

Are you already working on songs for the next album?

Oh, totally. I consider myself a songwriter foremost and even more so than a performer and singer. I love performing and singing and being on stage, but I love writing songs, and if I had to chose one, that would be it.

What's your writing tool of choice?

I do voice memos and use a notebook, and I use the notes section in my iPhone for weird ideas. I'll put voice memos for melodies. I admit I haven't been super-creative the past month because I've been doing Christmas shows and there are flights and a new city every day. It's a hard time of year because there's no tour bus, so you get pretty drained.

Since we're approaching the New Year, have you set any resolutions?

I talked to my friend Christina Perri about this recently because I started reading her blog a few years before I met her and she writes a "Letter to the Universe" every year and says all of these things she wishes to come true.

I'm not a fan of resolutions but of intentions, because it's not about resolutions, it's about the work you put in to achieve them. I think the biggest thing for me is to be more present with where I am, and not let it go by so quickly. It's such an incredible thing that's happened to me. My life has completely changed from what it was a year ago. I was with my family in Jamaica after 11 months of moving and touring, I was finally like, "What happened? What just happened?" Everything I ever wanted came true. How crazy is that?

Do you have a "Fight Song" for yourself?

A lot of people ask me a lot what my "Fight Song" is but I don't think I have one. I really loved Billy Joel growing up, and Tori Amos and "Silent All These Years" as the first song that I learned to sing and play on the piano.

I was obsessed with Etta James and Otis Redding, and the sadness in their voices even when they were singing happy lyrics. I fell in love with voices more than lyrics and messages. I don't know if there's one song in particular though, but I wish I did because that'd probably be a way more fun answer for you!

Tools to keep your New Year's resolutions on track

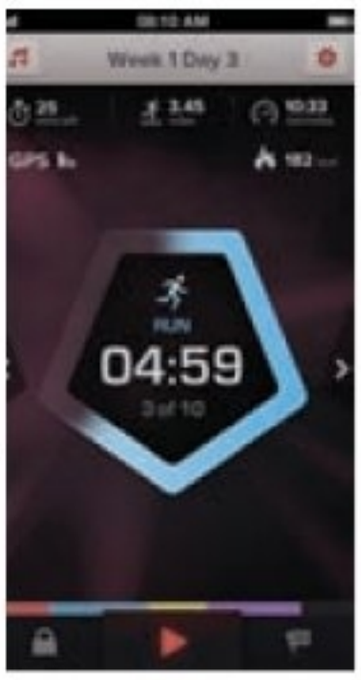
Make this the year you actually make it happen.

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

If you spent Jan. 1 hungover while simultaneously vowing to be healthier in 2016, we hear you. New Year's resolutions often get a bad rap, but the thing is, you can actually see your goals through — if you come up with a plan. Here, we break down five popular resolutions and the secret weapons that will help turn them into a reality.

ALL PHOTOS PROVIDED

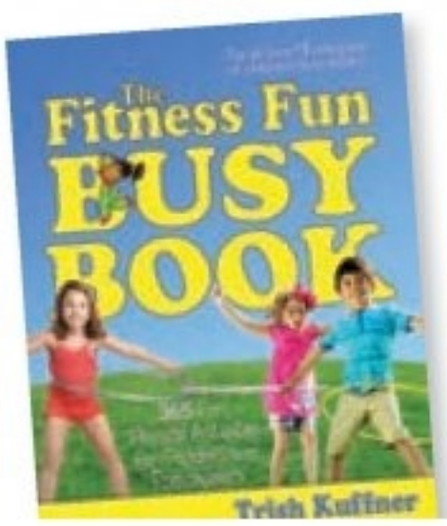
Resolution: Run a marathon
Tool: Marathon & Half Marathon Trainer Pro
Price: 99 cents



Making a resolution to run a marathon is ambitious for anyone, whether it's your first or your 10th. The key is sticking to a training schedule. There are a few different training apps on the market, but Marathon & Half Marathon Trainer Pro is the most extensive — and it only costs 99 cents. First, use the app to set your goal: anything from a 3K to a full marathon. Then, it creates a calendar, coaching you on how far to run each training day. It can also tell you what your pace should be to meet a specific finishing-time goal and includes ways to recharge so you don't overdo it. This app really does plan it all out. The rest is up to you.

Resolution: Cook more healthful meals
Tool: Services like Blue Apron food delivery subscription
Price: $9.99 per person per meal
It can be easy to get into the habit of Seamless-ing dinner every night or heating up a ready-made meal — often full of preservatives. Blue Apron makes the resolution of cooking more healthfully easy by having the fresh ingredients and step-by-step recipes delivered straight to your door. If you have specific food requests, such as vegetarian or gluten-free, you can get have your meal plans tweaked.

Resolution: Be more active as a family
Tool: "The Fitness Fun Busy Book" by Trish Kuffner, Amazon.com
Price: $11
Getting the whole family moving will not only keep everyone healthier, but also is a way to get some good quality time together. But it can be tricky to keep coming up with ideas, which is where this book comes in. It includes 365 fun physical activities, both indoor and outdoor, taking into account the seasons.



Resolution: Lose weight
Tool: Calorie Counter – MyFitnessPal app
Price: Free
There are hundreds of health apps, but what makes this one a cut above the rest is that it tracks both fitness and nutrition, the two key components to losing weight. It has a database of more than 5 million foods so you can look up the nutrition value of essentially anything you want to eat. It also includes a food journal and recipe importer. On the fitness front, this app tracks your exercise habits and also can connect with over 50 other popular fitness apps, including MapMyFitness, FitBit and more. Best of all, the personalized reports keep you updated on how you're doing and how close you are to reaching your weight-loss goal.

Resolution: Get more sleep
Tool: Peaceful Progression Wakeup Clock, Hammacher.com
Price: $79.95
If you want to have a well-rested year, the first step is to cut back on any factors that could be interfering, such as caffeine or alcohol intake. Another sleep killer: snoozing next to your smartphone. Not only are the alerts disruptive, but the screen emits the same wavelengths as daylight. The Peaceful Progressive Wakeup Clock uses sound, scent and sight to give you the best sleep ever. If you need a smoothing soundtrack, it has several to choose from. It also emits different aromatherapy scents: At night, lavender will calm your senses, while in the morning, citrus will start to energize you. The clock's light echoes a rising sun. It really pulls out all the stops.

DONATE YOUR CAR
Wheels For Wishes Benefiting
Make-A-Wish® Massachussetts and Rhode Island
*Free Vehicle Pickup ANYWHERE
*We Accept All Vehicles Running or Not
*We also accept Trucks, RVs, SUVs & Boats
*Fully Tax Deductible
WheelsForWishes.org
Call: (617) 701-7647
* Wheels For Wishes is a DBA of Car Donation Foundation.

It wouldn't be shocking to see a Seahawks-Patriots Super Bowl rematch one month from now. GETTY IMAGES

PATS IN GOOD SHAPE ... FOR NOW

metro CLASSIFIED DIRECTORY
To advertise please contact 866-900-9473 or Bostonclassifieds@metro.us

MEDICAL RESEARCH
To advertise call Michael Doane at 617-338-6731 or email michael.doane@metro.us

ARE YOU 18-65 YEARS OLD & HAVE BEEN DIAGNOSED WITH EOSINOPHILIC ESOPHAGITIS (EOE)?

If yes, you may qualify for a clinical study for treatment of EoE at Tufts Medical Center.

Study participation may last up to 28 weeks, with 8-12 clinic visits and 6 telephone check-ins. If you qualify, you may be compensated for each study visit.

For more information please call 617-636-4941 or Email ashen@tuftsmedicalcenter.org and reference the Dupilumab study.

OPINION

MATT BURKE
@burke_metro

If the Patriots and the NFL have taught us anything in the past month, it's that any perceived "crap" team can take down any perceived juggernaut. So yes, the 9-7 Texans and 9-7 Redskins could theoretically meet in Super Bowl 50 one month from now.

But in the month of January, the league typically rewards teams who are hot coming into the dance and teams who have relatively easy paths to the Big Game. It's why I think the Patriots will indeed make it to Santa Clara, California, but will ultimately get routed by whichever teams comes out of the NFC. It has become cliché by this point, but the Steelers really are the team that the Patriots don't want to face this month. Ben Roethlisberger is the best quarterback not named Brady left in the AFC, and as good as the Pats' secondary has been this season — they haven't shown the ability to slow down a top-line quarterback in a very long time. You'd have to go all the way back to the Nov. 15 Giants game to see the Patriots get a win over a top QB. And it wasn't like Eli Manning was bad in that game (24 of 44 for 361 yards, 2 TDs, 0 INT, 96.9 passer rating).

I mean, if the Pats can't stop the likes of Ryan Fitzpatrick and Ryan Tannehill, what will Big Ben do to them? Oh, and if you haven't heard — Antonio Brown is redefining the wide receiver position these days. Fortunately for the Pats, they probably won't see a healthy Steelers team this postseason. By virtue of their alleged tank jobs the last two weeks, the Pats got the No. 2 seed and will host the Chiefs, Bengals or Texans in the divisional round.

Now, Pittsburgh could certainly go into Denver and beat the Broncos. But if the Steelers do make it that far, odds say that they'll be a beat-up group by the time they land at Hanscom Air Force Base. The bye just makes a world of difference this time of year, and as odd as it may be to say right now, the Patriots would likely have the healthier squad if it is indeed a Pittsburgh-New England AFC title game.

As for the Super Bowl, just one month ago it looked as though the AFC was the better conference as a whole. The AFC had elite teams like the Broncos, Pats and Bengals and fabulous undercard players like the Steelers and Jets. But the Broncos, Pats and Bengals have all taken steps backward in recent weeks and the Jets are sitting at home. Meanwhile, the NFC looks powerful as all hell right now, so much so that the winner of this coming Sunday's Seahawks-Vikings Wild Card game should be considered the favorite to hoist the Lombardi Trophy. The Panthers and Cardinals will surely cry "A-hole!" at that statement, but Seattle and Minnesota are peaking right now and look dominant. The truth is, any of these four NFC teams (Seahawks, Vikings, Panthers, Cardinals) would be a heavy favorite in the AFC as things are currently constituted.

So, as crazy as this post-Thanksgiving stretch has been for the Patriots — things are actually lining up nicely for them to be the AFC representative at Levi's Stadium on Feb. 7.

New England is firmly in "worry about that when we get there" mode, but just be mindful that the NFC is bringing the wood right now. Super Bowl 50 will be here before you know it.

MEDICAL RESEARCH

To advertise call Steve Corcoran at 617-532-0120 or email steve.corcoran@metro.us

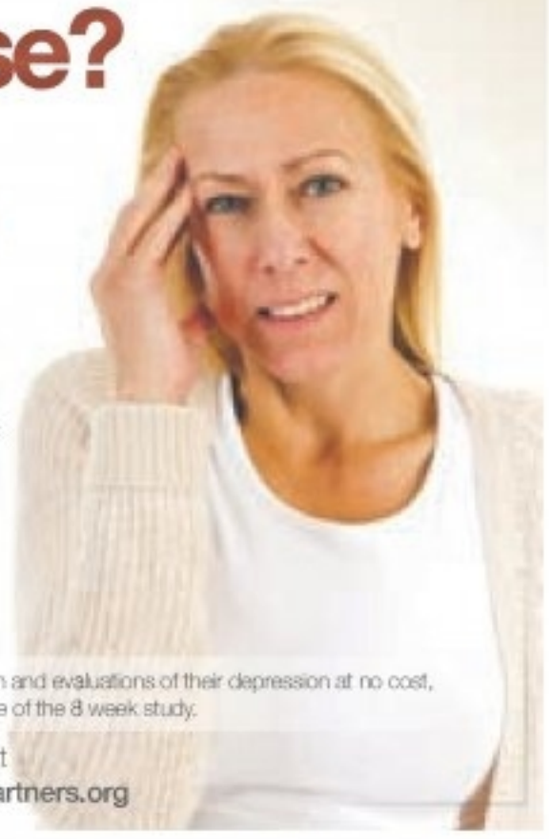
Experiencing Symptoms of

Menopause?

FEELING DEPRESSED OR DOWN?

If you are a peri- or postmenopausal woman age 40-62 and:

- Have experienced changes in your menstrual cycle
- Are feeling down or depressed
- Are not currently taking antidepressants or hormone therapy



You may be eligible for a research study for the treatment of your depression with a non-hormonal medication.

Women who participate will receive study medication and evaluations of their depression at no cost, and will be compensated up to $225 over the course of the 8 week study.

For more information, please call Laura at **(617) 724-6540** or email ljcheng@partners.org

Wanted: Cocaine Users

Researchers at McLean Hospital are conducting a study of brain function in cocaine users.

You may qualify to participate if you:

- **Are between the ages of 18-55**
- **Regularly use cocaine**
- **Are willing to quit for 3 weeks**
- **Can undergo 4 MRI scans**
- **Can come to McLean Hospital 3x/week**
- **Not addicted to other drugs**

You may earn up to $710 compensation (plus reimbursement for travel) for your participation.

Call 617-855-2969 and leave first name and phone number. Strictly confidential.

Additional information at **www.drug-studies.org**

ARE YOU A GULF WAR VETERAN?

Who served between 1990 and 1991
You may qualify for a 1-visit research study at Boston University
Stipend of $100 Available

PLEASE CONTACT:
Website: http://sites.bu.edu/GWIC
Phone: 617.638.5834 | e-mail: GWIC@bu.edu

LEGAL NOTICES

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by John Farley and Shanta Simmons Farley to Mortgage Electronic Registration Systems, Inc. as nominee for, Accredited Home Lenders, Inc., its successors and assigns, dated June 4, 2004 and recorded with the Suffolk County Registry of Deeds at Book 34727, Page 025, subsequently assigned to Deutsche Bank National Trust Company, as Indenture Trustee, on behalf of the holders of the Accredited Mortgage Loan Trust 2004-3 Asset Backed Notes by Mortgage Electronic Registration Systems, Inc. as nominee for, Accredited Home Lenders, Inc., its successors and assigns by assignment recorded in said Registry of Deeds at Book 48817, Page 112; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 12:00 PM on January 26, 2016 at 3 Akron Place, Boston (District of Roxbury), MA, all and singular the premises described in said Mortgage, to wit:

A parcel of land located in Boston, County of Suffolk, State of Massachusetts with a street location of 3 Akron Place Roxbury, MA. 02119 currently owned by Yun Ju Choi and more fully described in hte vesting document dated, September 28, 2000, recorded on Spetember 28, 2000 in Book 25398 Page 324, and designated as metes and bounds property. Permanent Parcel Number: 120133400 Yun Ju Choi 3 Akron Place, Roxbury, MA 02119 For title, see Deed, recorded herewith

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS ($5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Deutsche Bank National Trust Company, as Indenture Trustee, on behalf of the holders of the Accredited Mortgage Loan Trust 2004-3 Asset-Backed Notes

Present Holder of said Mortgage,
By its Attorneys,
ORLANS MORAN PLLC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
15-007347

January 5, 2016, January 12, 2016 and January 19, 2016.

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

Do you have mood swings?

Want to have a healthier lifestyle or lose weight?

You may be eligible to receive therapy at no cost at the Bipolar Clinic & Research Program at the Massachusetts General Hospital.

Interested? To learn more Call: 617-643-2076

MGH 1811

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

CARS

Cars for Sale

Avenue Auto WHOLESALERS

Family Owned & Operated • Est. 1963

Credit Score 350 or Better, No Problem

We Have Different Vehicles For Different Budgets, or We Will Find The Car You Are Looking For!!

We Do Anything With Cars From A to Z!

Body Work - Financing - Full Service Center - Glass Replacement Insurance - Mass Inspections Station - Etc.

1121 DORCHESTER AVE, BOSTON, MA 02125

617-436-5065

www.avenueautowholesalers.com

Free Auto Appraisals • Free Auto Appraisals • Free Auto Appraisals • Free Auto Appraisals

JOHN'S AUTO SALES

Behind On Your Car Loan Payments
We BUY CARS!!!! We PAY MORE!!!
Johns Auto Sales Can Help When NO ONE ELSE CAN!

We Specialize In:
All Makes All Models • Loan Modification
Loan Extensions • Bad Credit • No Credit (first time buyers)
In House Financing • Buy Here Pay Here

Let us help you, We Are Family Owned! Buying & Selling Cars for over 40 Years and Still Going...
We have OPTION For EVERYONE! Just can't afford your vehicle any LONGER Falling Behind
Help Us Help You!! Come in as a customer Leave as a friend..

Contacts:
JOHN: **617-512-5511** • ROSS: **617-386-9030**
SHY: **978-596-5806**
Johns Auto Sales, 181 Somerville Ave, Somerville MA 02143
STOP IN WE ARE HERE EVERY NIGHT TILL 8PM

Free Auto Appraisals • Free Auto Appraisals • Free Auto Appraisals • Free Auto Appraisals

Vehicles Wanted

All CARS WORTH CASH UP TO $500

Cars, Trucks and Heavy Equipment.
IMMEDIATE PICK UP 24/7
No key, No title, No problem

Call now
617-678-6833

---

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

ITEMS WANTED

CASH FOR RECORDS WANTED

33Lps & 45s
George
617-633-2682
Cash for Records

CASH FOR DIABETIC TEST STRIPS:

Up to $35/Box!

We will pick up same day!
Must be factory sealed and unexpired.

Call **Jenni** for a Quote Today!

800-413-3479

www.CashForYourTestStrips.com

ENTERTAINMENT

Try It FREE!!!
Boston's Hottest
Chat Line
Meet Real Local Singles in Your Area
617-715-0077
Gay/Bi Curious Chat!
617-715-0066
Reg. LD rates apply 18+

WANNA HAVE FUN?
CALL 617-CHAT NOW
(242-8669)
TRY IT FREE!
800-HOT-MILF
(468-6453)
718-PANTIES
(726-8437)
LD Rates Apply 18+

Chat With America's Party Crowd!

see who's online now!
"LIVEWIRE CHAT" 1-206-876-2929

Club Voice M.A.L.E.
(Ultra M4M Chat)
1-206-876-6669
Hot Sexy Amateurs - Live 1 on 1
1-702-216-8888
Ld rates apply 18+

America's Premier Psychics
Live Psychic Reading
877-998-FATE (3283)
Entertainment only 18+

Erotic Zone!!!
Meet Sexy Singles in Your area!
100's of Singles on line now!
CALL NOW!
800-838-2579
HOT LIVE SEXY GIRL'S
800-938-5499
18+

JOBS

General Help Wanted

AFTech Technology

ACCURATE KNOWLEDGE IS THE KEY

- *TIRED OF NOT GETTING AHEAD IN YOUR JOB?*
- *EAGER TO CHANGE CAREER WITH A NEW SKILL?*
- *START A NEW CAREER IN INFORMATION TECHNOLOGY AND EARN UP TO A MINIMUM OF* **$50,000/YEAR !**

The Future Is Now!

Get the skills and knowledge you need to advance forward in the technology field.

The curriculum will include:

- Fundamental of computing devices & systems
- Design
- Installation
- Configuration
- Maintenance & troubleshooting
- Webservers & application install and configuration
- Computer network design
- Cyber Security
- Virtualization
- Cloud Computing
- VLAN
- Firewall and DMZ
- Wireless network
- Networking protocols & ports
- Data management

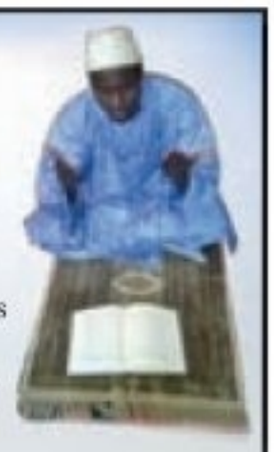
COME TO 1 DAY FREE INFORMATIONAL CLASS TO FIND OUT ALL ABOUT THE FULL TRAINING PROGRAM

WHEN: Saturday January 9, 2016 From 3:30 PM - 5:00 PM
WHERE: 205 Green Street, Jamaica Plain, MA 02130
TEL: 617 - 957 - 1613

PSYCHICS

SHEIKH MANSOUR

INTERNATIONAL SPIRITUAL HEALER WITH BORN GIFTED POWER AND EXPERIENCE



Super natural gifted man who helps both internal & external matters in marriage, love, court, business, luck, gambling, protection, returning love one back.

EXPERT IN ALL OCCULTIST HUMAN PROBLEMS.
ONLY ONE VISIT WILL LEAD YOU TO THE RIGHT PATH!
CALL NOW FOR JOY!
RESULTS IN A FEW DAYS
GUARANTEED 100%
Call 347-261-0226

PROFESSOR
OUMAR
SPIRITUAL HEALER & CLAIRVOYANT
40 YEARS EXP.

Specialize in Relationship & Love, Black Magic, Bad Luck, Business, Job Exams, Divorce, Court Cases, Immigration, Etc...Seek help from Prof. Sheikh 3/7 Days Results.

646.891.7809
646.239.4298
www.psychicoumar.com

AFRICAN ADVISOR & SPIRITUALIST

MR SHEIKH SALEEM, 6TH GENERATION OF AFRICAN MEDIUM, CAN HELP YOU OUT OF DESPAIR, SEVEN DAY RESULTTS

Love specialist, Reunite lovers even hopeless cases, Business success, Release from spell, Clear Negativity, Strong Voodoo, Black Magic, Court issues, Family problems, Drugs, Careers, Exams, Gambling, Luck, Protection, Impotency/Infertility & more.

917-254-6647
116TH/7TH AVE
WWW.AFRICANMEDIUM.COM

SERVICES

Learn Spanish

Camfield Estates will offer Immersion Spanish Classes for beginners or for those who need to brush up on their language skills.

Our classes meet once a week starting in January and ending in May. Currently, we do offer a Monday morning class for beginners all other classes meet in the evenings.

The registration and enrollment fee for new students is **$50.00**. (Option to purchase a text book for an additional $15.00 is available) All other basic materials and handouts will be provided.

New Classes start the week of January 28, 2016.
For further details please contact

Mr. Laquan Miles at (617) 541-2277.
Serious inquiries only.

REDUCE YOUR CABLE BILL!

Get an All-Digital Satellite System installed for FREE and programming starting at $19.99/mo. FREE HD/DVR upgrade for new callers,

SO CALL NOW
877-356-0525

Tax Problems???!!!
ex- IRS Revenue Agent/CPA
www.davidrootcpa.com
617-335-2988

---

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

---

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

www.metro.us

metro.us/horoscopes

Aries Call in favors, set up meetings with people you have worked with in the past and present what you have to offer with confidence.

Taurus Make a contribution to a cause and speak up about your concerns. Helping something you believe in will raise your confidence.

Gemini If you aren't happy with what's happening in your life or the direction you are heading in, do something about it.

Cancer Share your thoughts and feelings with someone you want to spend more time with. You'll gain interest as well as worthwhile suggestions.

Leo Don't falter when it comes to making your New Year's resolutions a reality. Step up if you want to be one step closer to living your life your way.

Virgo You'll face problems at home if you cannot come to an agreement with someone you share responsibilities with. Express your feelings.

Libra Don't make assumptions or sign up to take on unrealistic responsibilities. You have to be realistic and have enough time for your personal needs.

Scorpio Listen to what others have to offer, but don't underestimate what you are worth. Negotiate fiercely and be prepared to walk away.

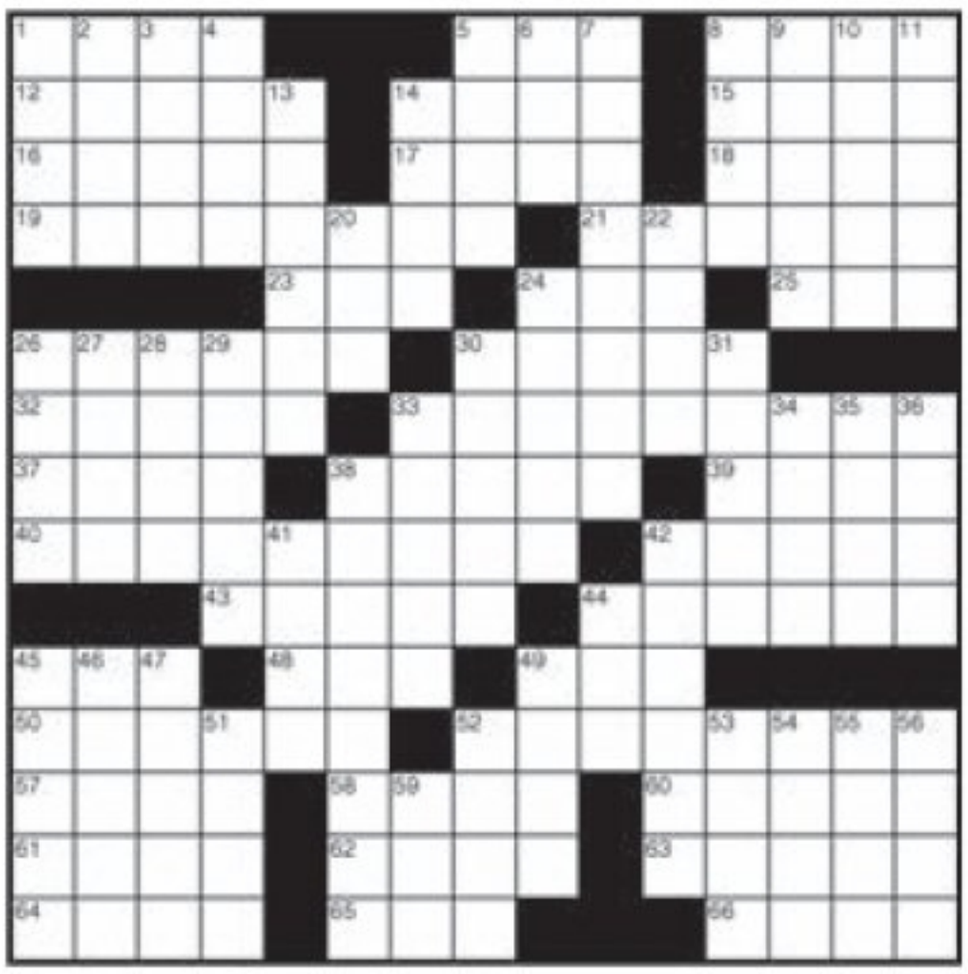
Sagittarius Too much of anything will lead to problems. Live within your means and don't overreact if someone doesn't do things your way.

Capricorn An investment will prove to be worthwhile. Professional changes will help you expand your interests and raise your standard of living.

Aquarius Emotional manipulation will lead to arguments. Concentrate on yourself and being the best you can be, not on what others are up to.

Pisces Refuse to let what others think cause you to second-guess your goals. Gravitate toward the people who want to collaborate. EUGENIA LAST

metro.us/crossword



Across

1 Miniature-golf shot
5 Flying mammal
8 Tool with jaws
12 Make oneself heard
14 Calf-length
15 In charge of
16 Ventricle neighbor
17 Trolley
18 Loughlin or Petty
19 Ten cubed
21 Surface
23 QB objectives
24 Draft order
25 Toady's reply
26 Sunglasses
30 Country's Patsy —
32 Metered cars
33 Stranger in the night? (2 wds.)
37 Old masters
38 Debonair
39 — and the Belmonts
40 Cliff
42 Stuck around
43 Art class wear
44 Prepares cutlets
45 Ms. Farrow
48 Puffin kin
49 "— Hot Ta Trot"
50 Like Don Juan
52 More grouchy
57 Whodunit suspect
58 — fixe
60 Diadem
61 By and by
62 Agrees silently
63 Degas or Cayce
64 — -majeste
65 Right, to Dobbin
66 Capsule, maybe

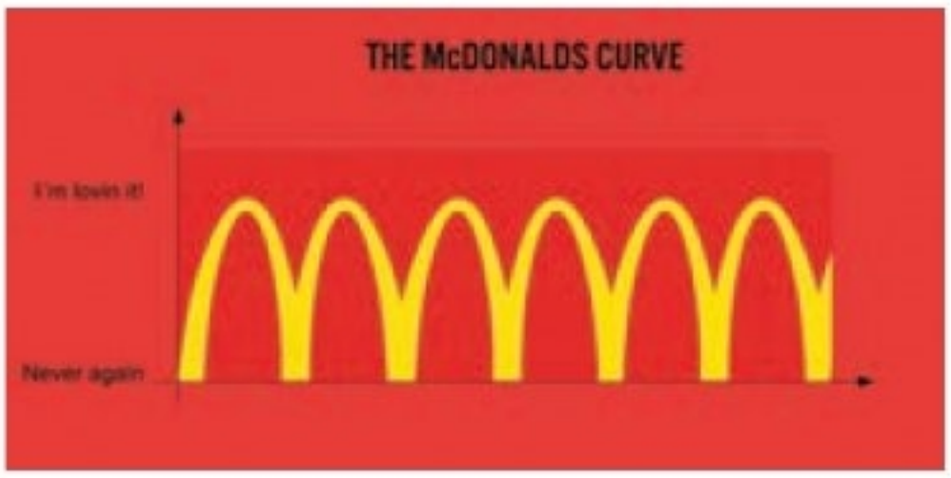
Down

1 Jr.'s exam
2 Oops! (hyph.)
3 Corrida sight
4 Ballet costume
5 Goose or loon
6 Tooth care gp.
7 History book item
8 Meadow rodent
9 Piano key
10 Suit material
11 Iroquoians
13 Tries a bite
14 Natural elevs.
20 Pitches
22 Knit, sometimes
24 Still in the game
26 Grind to a halt
27 Bad — day
28 Grease gun target
29 Deejay's platters
30 Rattle
31 Arsenio's buddy
33 GM car
34 Verdi opus
35 Having digits
36 Calls it quits
38 Erupting
41 "— — Old Cowhand"
42 Eyre's creator
44 Jungle crusher
45 Taj —
46 Castle that danced
47 Amigo's farewell
49 Very, to Yvette
51 Sea eagle
52 Yield, as territory
53 Notorious pirate
54 Othello's betrayer
55 Gaslight and Big Band
56 Uncommon
59 Forest grazer

For crossword answers, go to **metro.us/crossword-answers**

metro.us /games

metro.us/truthfacts



TRUTHFACTS.COM BY WULFF & MORGENTHALER

metro.us/sudoku

easy

7	8		1			5		6
2			5	3	9			
							2	
5	2	1						
	6	8				4	5	
						6	1	8
	1							
			9	8	6			3
6		9			7		4	5

hard

7	2		5		9			6
					4			2
4	3			1			5	
2		8		5	1			
			8	9		6		3
	8			4			3	1
5			9					
3			1		5		6	9

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro Boston** 234 Congress St., 4th Fl., Boston, 02110 • **main** 617-210-7905 • **to advertise** 617-210-7905 • **Associate Publisher** Steve Corcoran, steve.corcoran@metro.us • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** adsboston@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Frank Burgos, frank.burgos@metro.us • **Managing Editor** William Gorta, william.gorta@metro.us • **National News Editor** Morgan Rousseau, morgan.rousseau@metro.us • **Web Editor** Cristabelle Tumola, cristabelle.tumola@metro.us • **Art Director** Julianne Aerts, julianne.aerts@metro.us • **Sports Editor** Matt Burke, matthew.burke@metro.us • **Features Editor/ Style Editor** Tina Chadha, tina.chadha@metro.us • **Entertainment/TV Editor** Rachel Raczka, rachel.raczka@metro.us • **Film Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out Editor** Eva Kis, eva.kis@metro.us • **Travel Editor** Rachel Vigoda, rachel.vigoda@metro.us • **Careers/Education Editor** Raquel Laneri, raquel.laneri@metro.us

Certified Audit CAC of Circulations

LIVE AT THE WILBUR

www.thewilbur.com

SHAQUILLE O'NEAL'S

ALL STAR COMEDY JAM

★ ★ ★ FEATURING ★ ★ ★

BILL BELLAMY ★ TONY ROBERTS

DEON COLE ★ LAVAR WALKER

JAN 9

SECOND SHOW ADDED

SECOND SHOW ADDED

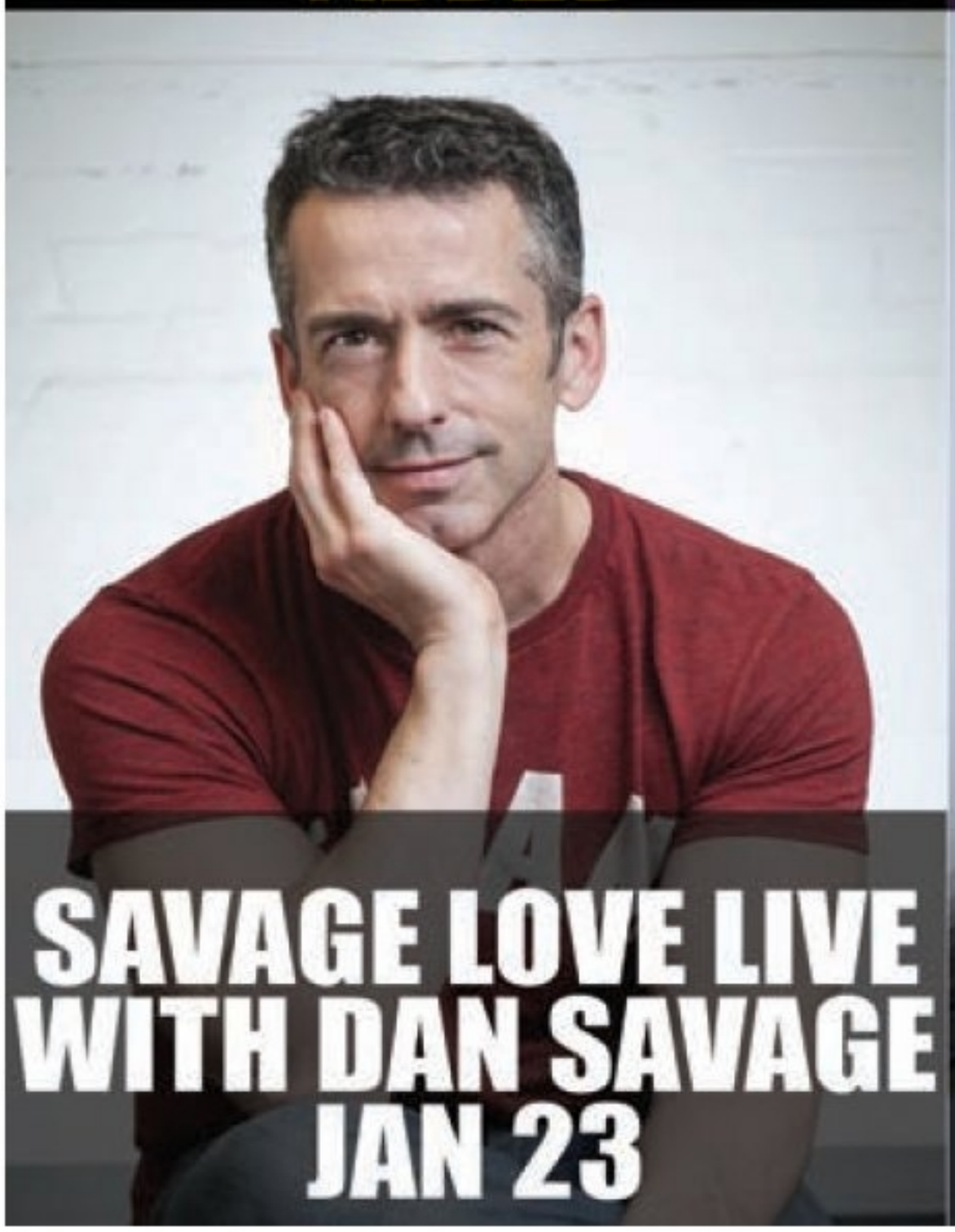
GIRLS' NIGHT OUTBACK

JAN 22

AUSTRALIA'S

THUNDER from DOWN UNDER

OUTBACK FANTASY 2016 TOUR



SAVAGE LOVE LIVE WITH DAN SAVAGE

JAN 23

SECOND SHOW ADDED

FRANK CALIENDO

JANUARY 30